

SPRAGUE FOOTBALL JUNE 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16 LAST DAY OF SCHOOL	17	18
19	20 OLY FOOTBALL CAMP 9-12 A.M.	21 OLY FOOTBALL CAMP 9-12 A.M.	22 OLY FOOTBALL CAMP 9-12 A.M.	23 OLY FOOTBALL CAMP 9-12 A.M.	24 OLY FOOTBALL CAMP 9-12 A.M.	25
26	27	28	29	30		

SPRAGUE FOOTBALL JULY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 OFF	5	6 STRENGTH AND CONDITIONING 9-11 A.M.	7	8 STRENGTH AND CONDITIONING 9-11 A.M.	9
10	11 STRENGTH AND CONDITIONING 9-11 A.M.	12	13 STRENGTH AND CONDITIONING 9-11 A.M.	14	15 STRENGTH AND CONDITIONING 9-11 A.M.	16
17	18 STRENGTH AND CONDITIONING 9-11 A.M.	19	20 STRENGTH AND CONDITIONING 9-11 A.M.	21	22 STRENGTH AND CONDITIONING 9-11 A.M.	23
24	25 MORATORIUM	26 MORATORIUM	27 MORATORIUM	28 MORATORIUM	29 MORATORIUM	30
31						

SPRAGUE FOOTBALL AUGUST 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 STRENGTH AND CONDITIONING 9-11 A.M.	2 YOUTH CAMP 5:00—7:00 P.M.	3 STRENGTH AND CONDITIONING 9-11 A.M.	4 YOUTH CAMP 5:00—7:00 P.M.	5 STRENGTH AND CONDITIONING 9-11 A.M.	6
7 COACHES MEETING: 4:00 - 6:00 P.M.	8 STRENGTH AND CONDITIONING 9-11 A.M.	9	10 STRENGTH AND CONDITIONING 9-11 A.M.	11	12 OFF	13
14	15 PRACITCE 9:00 - 11:30 A.M. 2:30 - 4:00 P.M.	16 PRACITCE 9:00 - 11:30 A.M.	17 PRACITCE 9:00 - 11:30 A.M. 2:30 - 4:00 P.M.	18 PRACITCE 9:00 - 11:30 A.M.	19 PRACITCE 9:00 - 11:30 A.M.	20 PRACITCE 9:00 - 11:30 A.M.
21	22 PRACITCE 9:00 - 11:30 A.M. 2:30 - 4:00 P.M.	23 PRACITCE 9:00 - 11:30 A.M.	24 PRACITCE 9:00 - 11:30 A.M. 2:30 - 4:00 P.M.	25 PRACITCE 9:00 - 11:30 A.M.	26 JAMBOREE OR SCRIMMAGE TIME/PLACE TBD	27
28 COACHES MEETING: 4:00 - 6:00 P.M.	29 PRACITCE 4:00 - 6:30 P.M.	30 PRACITCE 4:00 - 6:30 P.M.	31 PRACITCE 4:00 - 6:30 P.M.			

SPRAGUE FOOTBALL SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<i>1</i> VARISTY PRACITCE 4:00 - 6:30 P.M. J.V. / FROSH FIRST GAMES TBD	<i>2</i> FIRST GAME TBD	<i>3</i>
<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>
<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>
<i>18</i>	<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>
<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>	<i>30</i>	