

## **AVID student of the Month**

**September**

**Rachael Zollner**

Congratulations are in order for Rachael Zollner, who has been selected as an AVID student of the month for September 2014! Rachael originally joined AVID in 7<sup>th</sup> grade at Judson Middle School.

She says that AVID has taught her how to stay organized and take good notes, regardless of the class. As Rachael has been taking Cornell notes throughout the years, she has grown an appreciation for the style of Cornell notes. She now takes Cornell style notes in all of her classes, even if the teacher does not.

Rachael also loves AVID for the extra college support and advice that is given. She loves the atmosphere of AVID and how all the students share a common goal (going to college). Everyone is motivated to get to college. The research and exposure to different colleges is provided to AVID students in a multitude of ways. Speakers are brought in to talk with our AVID classrooms, oftentimes college graduates talking about their college experiences and explaining their life stories. AVID also organizes visits to different colleges throughout the year. This allows high school students to check out college campuses and get a feel for what type of college atmosphere they want to be a part of after high school.

Rachael has not yet had a chance to take an AP class, but is currently enrolled in an honors English class. She hopes to take AP government before she graduates from Sprague. Rachael hopes to eventually attend OSU and learn more about their law enforcement program.

Aside from kicking butt in the classroom, Rachel has enjoyed playing volleyball for the boys and girls club for years and has enjoyed playing for the Olympians volleyball team this year. Thank you for making us proud Rachael! Keep up the good work!