

Parents and student-athletes,

The Oregon School Activities Association (OSAA) came out with new and updated information on December 7th regarding season schedules with a few key changes, along with new dates. I've put the links on our Sprague Athletics page. Also, we are preparing to re-engage with **outdoor workouts** immediately following Winter break on January 4th while following all of the OHA guidelines that we've had in place, including cleaning protocols and check in systems. Coaches will send out more detailed information. We are limited to 50 people, including coaches based on OHA guidance in each outdoor athletic space. I anticipate that we will continue Season 1 outdoors through February 21st. All students participating in the extended Season 1 need to be registered in Family ID found on the spraguehs.com website under the Athletics tab.

Updated Athletic Seasons

Season One extends through 2/21

Season Two - 2/22 – 4/11

Cross Country
Soccer
Volleyball
Football – **starts 2/8 – 4/11**

Season Three - 4/5 – 5/23

Baseball - **pitchers and catchers start 3/22**
Softball - **pitchers and catchers start 3/22**
Golf
Tennis
Track & Field

Season Four – 5/10 – 6/27

Swimming
Wrestling
Basketball